

# Belton Christian Youth Center

## Youth Basketball Playing Rules

Revised 9/27/2024



All games will be played by the National High School Federation rules and Texas Amateur Athletic Federation (T.A.A.F.) rules, with the Recreation optioning to accept the recent changes made by NHSF and TAAF. The rules as set forth in this outline shall be strictly adhered to and supersede rules from all other sources in the specific areas with which they are concerned. In the best interest of the league, rules of play could be modified over the course of the season.

### Player Registration

- For a player to be officially registered, his/her fees must be paid in full.

### Contact Information

- BCYC office number and location
  - Address: 505 E. Avenue C Belton, Texas 76513
  - Phone: 254-939-5759

In addition, BCYC communicates with coaches regularly via e-mail. This helps keep everyone informed and updated about the program. BCYC staff can also be reached via email:

Daniel Bucher, Director	daniel@beltonyouth.com
Justin Rogers, Assistant Director	justin@beltonyouth.com
Aubry Patterson, HR Director	aubry@beltonyouth.com

- Inclement Weather Number: Please call the BCYC Office during normal business hours, Monday–Friday from 10:00 a.m. to 6:00 p.m., on any day that may have a chance of cancellation due to dangerous weather.
  - These numbers should be disseminated to parents and the public as widely as possible.
  - Inclement weather decisions are normally made after 3:00 PM on weekdays and by 7:30 AM on Saturdays.

### Liability

- BCYC is not liable for any injury to players, officials, cheerleaders, coaches, spectators, media, sideline personnel, or any other persons attending a BCYC event.

### Scheduling of Games

- BCYC will schedule all games for the BCYC Basketball league in each Division BCYC has a team represented. BCYC will make all efforts to alleviate conflict dates/times in the scheduling of games. There are no guarantees.
- Once the season schedule is posted, BCYC will inform all Head Coaches. Rescheduling will be limited to weather and administrative issues at the discretion of BCYC.

# Belton Christian Youth Center

## Youth Basketball Playing Rules

Revised 9/27/2024



### Players per Team

- It is our intent for each team to have 8-10 players in 5v5 divisions and 4-5 players per team in 3v3 divisions. These numbers may be adjusted based on the number of players and teams available in a division.

### Loss of Players

- If a team loses a player at any time (whatever the reason), the Head Coach must contact the league office via email within forty-eight (48) hours of realizing this loss and inform BCYC of the loss.
- It is our intention to contact all players who withdraw from the league to:
  - Determine why they left;
  - Determine what BCYC can do to improve its ability to retain its players.
- If the loss occurs early enough in the season, the open slot on the team MAY be filled by the player's assignment from a "waiting list."

### Roster Formation

- Participants registered in the 6U division will be placed on teams randomly unless requested otherwise.
- According to BCYC, family is defined as biological siblings, step-siblings who reside at the same address, or other family members who reside at the same address. Siblings must be noted on the registration form.
- Report cards/utility bills may be used for address verification.
- BCYC may add, at its discretion, to the maximum number of players to the roster for each league/sport.
- BCYC is responsible for all teams. All adds and drops must be approved and organized by/through BCYC.
- BCYC's main goal during roster formation is to competitive balance of teams.
- For the 8U/10U/12U divisions, teams will be drafted by volunteer coaches based on the following criteria:
  - Protected Players (2 per team max)
  - Player ability assessment scores (evaluated at the play day by volunteer coaches)
  - Age/Grade

### Protected Players

- Each volunteer coach will be allowed two (2) protected players. Volunteer/assistant

# Belton Christian Youth Center

## Youth Basketball Playing Rules

Revised 9/27/2024



coach's children are counted toward their protected players.

- Head coaches must fill out the player protect form and have the parents of their protected players sign the form.
- If two or more volunteer coaches attempt to protect the same non-biological player, BCYC will consult with the parent/guardian of the player. The parent/guardian will declare which volunteer coach they want their child to play on.

### Player Participation Rule

The following applies to every player that has made half (1/2) of all scheduled team practices within the last seven (7) days. This will be enforced and non-compliance with the players' participation rule could result in discipline up to and including forfeiture.

- 6U players are required to play at least 2 quarters. Players will remain in for a whole quarter barring any injuries or player refusals to play.
- In 8U, the scorekeeper at the table will attempt to keep track of player substitutions. Substitutions may be made at the halfway point of each quarter. The players MUST WAIT until the referee or coach motions them to enter the game during a dead ball. 8U players must play 1.5 quarters. The player participation must come from both the 1st and 2nd half. (i.e., Player A can play half of the 1st quarter and all of the 3rd or 4th quarter; or all of the 1st quarter and ½ of the 3rd or 4th quarter).
- 10U: Each player must play at least 1.5 quarters of each game. The player participation must come from both the 1st and 2nd half. (i.e., Player A can play half of the 1st quarter and all of the 3rd or 4th quarter; or all of the 1st quarter and ½ of the 3rd or 4th quarter).
- 12U: Each player must play at least 1 and ½ quarter each game. The player participation must come from both the 1st and 2nd half. (i.e., Player A can play half of the 1st quarter and all of the 3rd or 4th quarter; or all of the 1st quarter and ½ of the 3rd or 4th quarter).
- Scorekeepers will attempt to track Player Participation in the scorebook. However, it is the coach's responsibility to ensure that each player plays their allotted time.

Please remember that this is a Recreation league. We aim for this to be an introduction to sport for all players. Therefore, we require that each player actively participate in both halves of each game.

Please note: If teams have players not attending at least half (1/2) of scheduled practices and/or missing games, they must notify BCYC Admin staff within 24 hours of the game. If the Director is not officially notified, the player will be expected to play as stated above. Player participation issues will be handled case-by-case to determine player participation eligibility.

# Belton Christian Youth Center

## Youth Basketball Playing Rules

Revised 9/27/2024



### Equipment & Uniforms

1. All players on each team must wear the uniforms provided by the Recreation Department.
2. Players must wear shoes designed for indoor wood court surfaces. NO “turf shoes” or other black-soled shoes will be allowed. Players may not play barefoot or in stocking feet.
3. All player uniform bottoms (such as shorts) shall have NO POCKETS. Bottoms with pockets will only be allowed if the pockets are stitched or taped up to prevent injury.
4. No jewelry may be worn at any time during the game unless medical alerts, which shall be taped down.
5. Wristbands and headbands must be worn on the wrist or on the head above the ears.
6. Referees may ban any equipment that they deem unsafe or illegal.
7. All players wearing eyeglasses must have a retainer band attached to their glasses during play.
8. No gum chewing on/or around the basketball court.

### Rules for ALL levels:

1. Teams will be allowed a five (5) minute warm-up prior to the start of the game if time allows.
2. Teams will warm up on the goals opposite their team bench.
3. A lineup must be turned into the Official Scorekeeper (10) minutes prior to game time. Line-ups must include last name, first name, and jersey number.
4. During games, only ONE coach (either assistant coach or head coach) may be standing on the designated bench area. The other coach must remain seated for the duration of the game.
5. The pre-game warm-up and half-time intermission periods may be cut short by the league official present if games are running behind the posted schedule.
6. An official game shall consist of:
  - a) 6U Division - Four (4) six (6) minute quarters
  - b) 8U Boys Division - Four (4) eight (8) minute quarters
  - c) 8U Girls Division - Two (2) twelve (12) minute halves
  - d) 10U Divisions - Four (4) eight (8) minute quarters
  - e) 12U Divisions - Four (4) eight (8) minute quarters

*If time allows, a three (3) minute halftime will be observed.*

7. Games will end in a tie, and no overtime will be played, except in tournament play.
  - a. Overtime will only be played ONLY in the postseason in the event of a tie after four quarters.

# Belton Christian Youth Center

## Youth Basketball Playing Rules

Revised 9/27/2024



- i. Overtime play begins with a jump ball; it will be up to two (2) two (2) minute overtime periods. If tied after 2 overtime periods:
        1. Free-throw shootout:
        2. 5 Players will be selected to shoot for each team.
        3. Coin toss will determine who shoots first.
        4. Teams will alternate shooters at the same end of the court. Highest score after all 10 shooters have shot, wins.
        5. If still tied, then the coach can select any player(s) and the teams will alternate free throws. After each team shoots one free throw, if both are made, continue to the next 2 shooters; if one team misses and the other makes, then that team wins; and if both shooters miss, continue to the next two shooters.
      - b. Teams will receive one (30 sec) timeout per overtime period. Timeouts left over from each half or in regulation will NOT carry over to the next half or overtime.
    8. Time-outs:
      - c. 8U: Each team will receive two (2) 30-second timeouts per half.
      - d. 10U and 12U: Each team will receive two (2) 30-second timeouts per half.
    9. 5v5: Teams that start a game with four (4) players must finish the game with at least four (4) players. Teams that do not have at least four (4) players at game time will forfeit the game. A grace period of five (5) minutes will be allowed if games are on time at the discretion of BCYC Athletics Staff.
    10. 3v3: Teams that start a game with two (2) players must finish the game with at least two (2) players. Teams that do not have at least two (2) players at game time will forfeit the game. A grace period of five (5) minutes will be allowed if games are on time at the discretion of BCYC Athletics Staff.
    11. Basket & Ball Specifications:

Division	Age Group	Height of Goal	Free Throw Distance	Ball Size
6U	5-6	8'	N/A	27.5 Junior
8U	7- 8	8.5'	12' 0"	27.5 Junior
10U	9 - 10	9'	12' 0"	28.5 Intermediate
12U Girls	11-12	10'	15' 0"	28.5 Intermediate
12U Boys	11-12	10'	15' 0"	29.5 Regulation

### Playing Rules & Standings (6U & 8U Division)

1. For 6U, ONLY coaches will act as referees to manage the game, and a BCYC representative will operate one clock for both games happening at the same time.
2. There will be no full-court press at any point during the game, and the defensive team must return behind the red volleyball line.

# Belton Christian Youth Center

## Youth Basketball Playing Rules

Revised 9/27/2024



- a. 6U defense will be man-to-man. No double teams or steals allowed.
3. The clock will run continuously except for timeouts.
4. The game officials may use their discretion to stop the clock for injury, ball retrieval, etc.
5. Players may ONLY use squeeze water bottles—NO cups or bottles w/removable lids.
6. No standings or scores are kept in this division.

### Playing Rules & Standings (8U Boys Division)

1. There will be an official referee to manage the game, and a BCYC rep will operate the scoreboard. Scorekeeper will be provided by BCYC.
2. There will be no full-court press at any point during the game, and the defensive team must return behind the red volleyball line. Referee will have discretion in determining if a team is taking too long in the back court to waste time.
  - a. 8U defense can be man-to-man or a zone defense. No triple teams. No traps. No stealing. “Intercepted passes” are allowed.
3. The clock will run continuously except for timeouts.
4. The game officials may use their discretion to stop the clock for injury, ball retrieval, etc.
5. Players may ONLY use squeeze water bottles—NO cups or bottles w/removable lids.

### Playing Rules & Standings (8U Girls Division)

1. Coaches will referee and manage the game, and a BCYC rep will operate the scoreboard. Scorekeeper will be provided by BCYC.
2. 3v3 Specific Rules:
  - a. Game is played half court on one basket.
  - b. All baskets are one (1) point
  - c. There are no shooting fouls. As coaches call fouls, ball is brought back in at the nearest out of bounds line by the offended team
  - d. Players cannot foul out, but BCYC admin will have discretion to bench a player for a bit if fouling is excessive.
  - e. After 7 team fouls in each half, a point will be awarded to the other team for each foul (foul 8, foul 9, etc.)
  - f. After 13 team fouls in each half, two points will be awarded to the other team (foul 14, 15, etc)
  - g. “Taking the ball back to the top”

# Belton Christian Youth Center

## Youth Basketball Playing Rules

Revised 9/27/2024



- i. Following each successful basket: player from non-scoring team will take possession at the red volleyball line outside the free throw line. Player can dribble it in or can pass it from there.
    - ii. Following each unsuccessful attempt:
      1. If offensive team rebounds: play may continue as is from anywhere on the court
      2. If defensive team rebounds: must dribble/pass/return the ball to an area of the court equidistant from the rim as the red volleyball line is from the rim.
    - h. The defensive team shall be awarded the jump ball in any tie up.
    - i. Substitutions can be made at any dead ball; playing time rules must be followed.
  3. 8U defense can be man-to-man or a zone defense. No triple teams. No traps. No stealing. "Intercepted passes" are allowed.
  4. The clock will run continuously except for timeouts.
  5. The game admins may use their discretion to stop the clock for injury, ball retrieval, etc.
  6. Players may ONLY use squeeze water bottles—NO cups or bottles w/removable lids.

## Playing Rules & Standings (10U and 12U Divisions)

1. The clock will run continuously, except for the last (2) minutes of each half (Regulation will be played). However, the clock will stop for all timeouts. The game officials may use their discretion to stop the clock for injury, ball retrieval, etc.
2. Point Spread Rule: If one team is ahead by 10 (10) or more points, the clock will remain a running clock, except for time-outs and free throws. If the deficit drops below 10 at any point within the last 2 min of each half, the clock will become a regulation clock for the remainder of the half.
3. A "five (5) second" lane violation rule will be in effect.
4. The ten (10) second rules for offensive teams to advance the ball past half court will be in effect during all games.
5. Free throws will be allowed on shot fouls, bonus fouls and technical fouls. Clock will remain a running clock until the final 2 minutes of the period. Referees will be given a point of emphasis to hurry the teams to the line and get the game resumed.
6. Three (3) point shots will be in effect when court lines are available and painted.
7. Protests: There is no formal protest of an official's call or lack of a call. The officials' decision is final during any competition game.
8. The one-and-one bonus will be in effect on the seventh (7th) team foul of each half. After the tenth (10) team foul, a two-shot foul will be awarded.

# Belton Christian Youth Center

## Youth Basketball Playing Rules

Revised 9/27/2024



### Full Court Press (10U and 12U)

1. Full-court press is allowed during the entire 4<sup>th</sup> quarter.
2. If a team presses prior to the last quarter, each team shall be issued two warnings per game, in which the whistle is blown, and the offended team brings the ball in play on their offensive front court at the mid-court opposite the scorer's table and team benches. Additional violations shall result in a technical foul and two (2) shots and retain possession.
3. Sportsmanship Rule: If a team is ahead by more than 10 points during the last quarter, they cannot run a full-court press until the differential is less than 10.

### Gym Rules

1. All players, coaches, parents, and sponsors must abide by all gym and facility rules and regulations set by the Belton Christian Youth Center, Belton Independent School District (if applicable), and any other gyms obtained by Belton Christian Youth Center (if applicable).
2. All food, drink, gum, team snacks, etc., are not allowed in any gym under any circumstances. All must be consumed in the lobby or outside.
  - a. During games, participants may have closed-lid water/ sports drink bottles at their team bench. No spectators may have food or drink in the gym.
3. There will be no coaching by anyone in the stands, including parents, coaches, siblings, and spectators. All coaching should be performed by approved head or assistant coaches on the team's bench. Violations of this rule may result in forfeiture or removal from the gym.
4. There will be no disciplinary action, such as extra running, push-ups, licks, etc., at any time. The child's parents will act upon all disciplinary action. Conditioning drills will not be considered disciplinary action.
5. Head and assistant coaches will not question any judgment call made by the official(s) during or after the game.
6. The head coach is responsible for the conduct of his/her team, assistant coach(s), and spectators. Officials may award a technical foul, two (2) shots, and retention of possession for the opposing team for continual issues with the conduct of coaches, teams, or spectators.



# Belton Christian Youth Center

## Youth Basketball Playing Rules

Revised 9/27/2024



### Coaches Discipline Guide

<i>Offense</i>	<i>Directed Toward</i>	<i>Minimum Action</i>	<i>Maximum Action</i>
<i>Tobacco use (chewing, smoking)</i>	<i>during games, practices, or league functions</i>	<i>Verbal</i>	<i>Ejection(s)</i>
<i>Alcohol, illegal substances</i>	<i>during games, practices, or league functions</i>	<i>Ejection for remainder of game</i>	<i>Suspension, suspension up to 1 calendar year</i>
<i>Allowing a player to play or participate while knowing of an injury or concussion</i>	<i>During game or practices</i>	<i>Game ejection</i>	<i>Season suspension</i>
<i>Foul or abusive language directed at</i>	<i>Player, Coach, official, spectator or staff</i>	<i>Verbal warning and/or ejection for remainder of game</i>	<i>Game suspension</i>
<i>Continued foul or abusive language. Blatant disregard for staff and officials</i>	<i>Player, Coach, official, spectator or staff</i>	<i>Current game suspension</i>	<i>Multiple game suspension</i>
<i>Encouraging foul language, threatening language, unsportsmanlike behavior, encouraging or telling players to have that kind of behavior</i>	<i>Player, Coach, official, spectator or staff</i>	<i>Current game suspension</i>	<i>Season suspension</i>
<i>Threat of physical abuse, assault, threat of bodily injury of any kind</i>	<i>Player, Coach, official, spectator or staff</i>	<i>Ejection for remainder of game and next game suspension</i>	<i>Season suspension to lifetime suspension. Level of threat will determine length of suspension</i>
<i>Fighting or physical assault of any kind</i>	<i>Player, Coach, official, spectator or staff</i>	<i>Ejection for remainder of game and next game suspension</i>	<i>Season suspension to lifetime suspension. Level of threat will determine length of suspension</i>
<i>Playing an illegal player (see definition #5)</i>		<i>Ejection of next game and forfeiture of current game</i>	<i>Multiple game suspension to league removal</i>
<i>Pulling children off a field for any reason other than weather.</i>		<i>Suspension for next three games</i>	<i>League removal</i>

# Belton Christian Youth Center

## Youth Basketball Playing Rules

Revised 9/27/2024



### Parents Discipline Guide

<i>Offense</i>	<i>Directed Toward</i>	<i>Minimum Action</i>	<i>Maximum Action</i>
<i>Alcohol, illegal substances</i>	<i>during games, practices, or league functions</i>	<i>Ejection for remainder of game</i>	<i>suspension, suspension up to 1 calendar year</i>
<i>Foul or abusive language directed at</i>	<i>Player, Coach, official, spectator or staff</i>	<i>Verbal warning and/or ejection for remainder of game</i>	<i>Game suspension</i>
<i>Continued foul or abusive language. Blatant disregard for staff and officials</i>	<i>Player, Coach, official, spectator or staff</i>	<i>current game suspension</i>	<i>multiple game suspension</i>
<i>Encouraging foul language, threatening language, unsportsmanlike behavior, encouraging or telling players to have that kind of behavior</i>	<i>Player, Coach, official, spectator or staff</i>	<i>current game suspension</i>	<i>Season suspension</i>
<i>Threat of physical abuse, assault, threat of bodily injury of any kind</i>	<i>Player, Coach, official, spectator or staff</i>	<i>Ejection for remainder of game and next game suspension</i>	<i>Season suspension to lifetime suspension. Level of threat will determine length of suspension</i>
<i>Fighting or physical assault of any kind</i>	<i>Player, Coach, official, spectator or staff</i>	<i>Ejection for remainder of game and next game suspension</i>	<i>Season suspension to lifetime suspension, possible removal of child. Level of threat will determine length of suspension</i>